



PATIENT INFORMATION SHEET

POST TREATMENT LIP AUGMENTATION

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POST TREATMENT CARE INSTRUCTIONS FOR LIP AUGMENTATION

Contact Dr Mooney at once if you have any of the following concerns:

- Fever greater than 38.5C
- Excessive bleeding
- Excessive or increasing pain
- Increasing redness of the skin around the incision sites
- If you are disturbed or worried about any aspect of your surgery or recovery

For **EMERGENCY** please contact Dr Mooney through the switchboard of your operative hospital (after hours) or his consulting rooms at which you visited.

Bankstown: 02 9796 7007
Marrickville: 02 9569 7055
Bondi: 02 93876622
Darwin: 08 8981 7318

Further information can be obtained from:

drwilliammooney.com.au

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Augmentation of the lip is achieved by injectible “fillers” into the lip area. There are several products that Dr Mooney uses to achieve a fuller lip which are the amongst the most popular and safest on the market in non-permanent and permanent fillers.

Lip Augmentation is given by a series of small injections. The needle used to deliver the treatment gel is very fine and you may notice several tiny insertion sites along your treatment area. Areas that are more sensitive (i.e. the lips) may require additional anesthesia prior to the injection. If you have had additional anesthetic injection you may experience some desensitization and loss of feeling in your lips for several hours—this is normal.

TIPS TO FOLLOW:

- Do NOT have a facial, nor rub or massage the treated area for 24 hours after your treatment.
- Do NOT lie down or do strenuous exercise for three hours after treatment. Also, avoid any exposure to a sauna, hot tub or tanning for 4 hours. This will prevent your blood pressure from rising and thus minimize the risk of bruising after treatment.
- Please be aware that some, though very few patients, experience a mild headache. If this occurs for you, simply take a Paracetamol tablet as needed.

Please do not use Aspirin or Nurofen as this will increase the swelling.

- Be assured that tiny bumps or marks will go away within a few hours after your treatment. There is a risk of bruising. If this occurs, do not worry since it will only be temporary and can easily be covered up with makeup. Any little bit of bruising may last up to one week.
- The filler can take up to 2 full weeks to settle and for swelling to reduce so that you can see the final effect. If, after 2 weeks, you feel that you still have been treated more or less than you would like, then please contact the office where you were treated to arrange for a post injection assessment.
- DO APPLY an ice pack gently & intermittently in a clean wrapping (such as a face cloth) to minimise any bruising.
- DO NOT drink very hot beverages after treatment such as soup/teas/coffee.
- Try to sleep with your head elevated using 2 or more pillows for the first night after treatment particularly if your treatment has been later in the afternoon - this will minimize swelling the day after.